

2011/12 Wrestling Schedule

<u>Day</u>	<u>Date</u>	<u>Event/Opponent</u>	<u>Level</u>	<u>Place</u>	<u>Time</u>	<u>Weigh-ins</u>	<u>Depart</u>
Mon.	Nov 7	First day of practice		Cafeteria (Wrestling room)	3:30pm		
Wed.	Nov 16	Parent Orientation	All	Home - Wrestling room	6:00pm	---	---
Sat.	Dec 3	Redwood Empire Novice Tournament	JV	Sonoma H.S.	9:00am	7:00am	6:00am
Sat.	Dec 3	Ponderosa Tournament	V	Ponderosa HS (Shingle Springs)	9:00am	7:00am	Fri
Wed.	Dec 7	Scrimmage - Montgomery & Middletown	All	Home - Wrestling room	4:00pm	N/A	---
Sat.	Dec 10	Golden Gate Invitational Tourney	V	George Washington HS (SF)	9:00am	7:00am	5:00am
Sat.	Dec 10	Elsie Allen JV Tourney	JV	Elsie Allen H.S. (Santa Rosa)	9:00am	7:00am	6:15am
Wed.	Dec 14	Scrimmage TBA	All	TBA	6:00pm	---	---
Fri	Dec 16	Healdsburg JV Tournament	JV	Home - SR Gym & Frost Hall	3:30pm	1:30pm	---
Sat.	Dec 17	Healdsburg Duals Team Tournament	V	Home - SR Gym & Frost Hall	9:00am	7:00am	---
Fri.	Dec. 30	Quad Meet - Maria Carrillo, Drake & Upper L	All	Home - SR Gym & Frost Hall	11:00am	10:00am	---
Wed.	Jan 4	♦ Petaluma	All	Home - Wrestling room	6:00pm	5:00pm	---
Fri/Sat	Jan. 6 & 7	Clovis Doc Buchanan Tournament	V	Clovis H.S. (Clovis)	9:00am	7:00am	Thurs
Sat	Jan 7	Cupertino Tournament	V	Cupertino H.S. (Cupertino)	9:00am	7:00am	4:30am
Wed.	Jan 11	♦ Windsor	All	Home - Wrestling room	6:00pm	5:00pm	---
Fri	Jan 13	Windsor JV Tournament	JV	Windsor H.S.	4:00pm	2:00pm	1:30pm
Sat.	Jan 14	Windsor King of the Mat Tourney	V	Windsor H.S.	9:00am	7:00am	5:45am
Mon.	Jan 16	The Dream Invitational	V	San Rafael H.S.	9:00am	7:00am	5:45am
Wed.	Jan 18	Marin Catholic	All	Home - Wrestling room	6:00	5:00pm	---
Fri	Jan 20	Rancho Cotate JV Tournament	JV	Rancho Cotate HS (Rohnert Park)	3:30pm	12:30pm	2:15pm
Fri/Sat	Jan. 20 & 21	Tim Brown Memorial Foothill Tournament	V	Sacramento Memorial Auditorium	9:00am	7:00am	Thurs
Tues.	Jan 24	♦ El Molino (Senior Night)	All	Home - SR Gym	6:00pm	5:00pm	---
Thurs.	Jan 26	♦ Analy	All	Analy H.S. (Sebastopol)	6:00pm	5:00pm	---
Sat.	Jan 28	Maria Carrillo Puma Classic Tournament	V	Maria Carrillo HS	9:00am	7:00am	5:45am
Sat.	Jan 28	Battle Across the Bridges JV Tourney	JV	Redwood H.S. (Larkspur)	9:00am	7:00am	5:30am
Wed.	Feb 1	♦ Sonoma	All	Sonoma Valley H.S.	6:00pm	5:00pm	3:30pm
Sat.	Feb 4	Ukiah Redwood Empire Classic Tournament	V	Ukiah HS	9:00am	7:00am	5:15am
Wed.	Feb 8	♦ Casa Grande	All	Casa Grande H.S. (Petaluma)	6:00pm	5:00pm	3:30pm
Sat.	Feb 11	♣ N.C.S. Team Dual Championships	V	Lower Lake H.S.	9:00am	7:00am	5:00am
Sat.	Feb 18	S.C.L. Championships	All	Casa Grande H.S. (Petaluma)	9:00am	7:00am	5:45am
Fri/Sat.	Feb. 24 & 25	North Coast Section Championships	V	Newark Memorial H.S. (Newark)	10:00am	7:00am	Thurs
Fri/Sat	Mar 2 & 3	C.I.F. State Championships	V	Rabobank Arena, Bakersfield	10:00am	7:00am	Thurs

♦ Denotes Sonoma County League match

♣ Team must qualify to be eligible to attend

Note: Home matches are in bold text

Head Coach: Scott Weidemier

Phone: (707)849-1441 cell (707)963-8989 x2230 work

Asst. Coach: Blair Mitchell, Tim Weidemier, Jon Hendrickson



Rev: 4 Nov. 2011

Principal: Chris VandenHuevel

Athletic Director: Jenean Bingham

School Phone: (707)431-3420

School colors: Cardinal & Black

School mascot: Greyhound